# HOLISTIC NUTRITION & NATURAL HEALTH

# **CERTIFICATE IN NUTRITION**

**Duration:** 

This course may be completed in Term 1, or extended over 2 Terms

Commences: Intake in February, May & September

**On-Campus and Distance Learning** 

**Delivery Mode:** 

#### Study Plan

### Course Content

- Introduction to Nutrition
- Food as Medicine

Year 1

## **Guide to Curriculum Changes for Continuing Students** Food Fundamentals is equivalent to Food as Medicine

Introduction to Nutrition \$495		Food as Medicine		\$495	
<b>Friday</b>	10.00am - 2.00pm	Intensive	<b>Friday</b>	10.00am - 2.00pm	Intensive
NUT001FRI	23 F	Feb - 23 Mar	NUT002FRI	6	Apr - 4 May
<b>Monday</b>	6.00pm-9.30pm	6 weeks	<b>Monday</b>	6.00pm-9.30pm	6 weeks
NUT001MON	12 F	eb - 19 Mar	NUT002MON	26	Mar - 7 May
Distance	10 weeks		<b>Distance</b>	10 week	
NUT001DL	12 Feb - 29 Apr		NUT002DL	12 Feb - 29 Ap	